

Young people and gambling

**THE HARMS MAY NOT
BE VISIBLE**

HAVE YOU BEEN...

Losing track of time?

Missing school &
social events?

Spending less time with
family or friends?

Playing games/gambling to
escape from problems?

Spending money on in-
game purchases where the
outcome is uncertain - 'loot
boxes' & 'skins'?

HELP IS AVAILABLE Reach out for more information

Young people

Reach out to a trusted adult and have a conversation.

CALL 1800 55 1800 - Kids Helpline for under 25's

VISIT <https://kidshelpline.com.au>

*The Kids Helpline phone number, Webchat and
email service are all available 24/7 and for any reason.*

Parents | Teachers | Other professionals

Request info session or workshop from Amity at
habitwise@amity.org.au

CALL 1800 858 858

- 24hr Gambling Helpline

VISIT www.gamblinghelponline.org.au
or scan the QR code
for more information.

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